



Emotional Intelligence for Leaders: Building Self-Awareness and Better Self-Management

DATE & TIME:

Wednesday, July 12, 2023
10:00 a.m. – 11:00 a.m. CT

WHO SHOULD PARTICIPATE:

COOs, CMOs, CNOs, nurse leaders, physician leaders, behavioral health staff, human resource staff, quality improvement staff, and anyone else interested in this topic

CONTINUING EDUCATION:

Nursing: 1.0 contact hour will be awarded for this offering by the Louisiana Hospital Association for complete attendance and evaluation of the program. The Louisiana Hospital Association is approved by the Louisiana State Board of Nursing – CE Provider #39.

Other Participants will receive, upon completion of this program and evaluation, a certificate documenting the completed continuing education/clock hours.

REGISTRATION DEADLINE:

Registrations are due into the LHA office one week prior to the webinar to ensure timely delivery of instructions and handout.

VIRTUAL OFFERING:

Access information will be provided to each registered participant in advance of the event. To prevent emails from going into your junk or spam folders, have your IT staff whitelist the email address marthur@lhaonline.org and any emails coming from LHAonline.org.

LHA EDUCATION CALENDAR

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OVERVIEW:

As a leader, you have position power and personal power. Each aspect of being in leadership is a vital component of how you interact with your team. This program breaks down aspects of emotional intelligence that leaders need to know and have balance in to get the best results. It looks at the three elements of behavioral change and how to achieve the best leadership effectiveness at all levels.

LEARNING OBJECTIVES:

- Describe emotional intelligence from the perspective of balance in the behavioral quadrants of outlook, power, communication, and enforcement;
- Discuss culture by better positioning behavior traits and openness to change;
- Discuss the Wheel of Influence and how it focuses on the aspects of self, others, relationships, and teamwork;
- Identify the aspects of self-awareness and how that relates to the core of servant leadership; and
- Outline the aspects of healthy leadership that apply to leaders to create inspired performance.

MEET YOUR FACULTY:

Ryan Gallik is the founder of Ryan Gallik and Associates, an occupational safety, health, and wellness consulting firm, and is the co-founder of the Mental Hygiene Project. With a long career as a firefighter/paramedic, Gallik has seen and experienced the effects of trauma and stress on people, organizations, and communities. The author of “Silent Mayday: The Clinician’s Guide to Working with First Responders,” Gallik has more than 15 years of experience working with critical-incident, stress-management, and peer-support teams.

Michael Stahl is the founder of Motivational Concepts, a business consulting firm specializing in creating learning organizations focused on growth and is the co-founder of the Mental Hygiene Project. Stahl is a master trainer for the Harrison Assessment Behavioral Traits Profile and has completed nearly 1,000 psychological analyses and debriefings for leaders worldwide. A certified black belt in Tae Kwon Do, he has learned how to use focus and mindfulness to enhance mental health and live with more balance.



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REGISTER ONLINE: <https://lhaonline.org/Event.aspx?EventKey=M2349039>

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PRICE:

- Hospital Member: \$125 (Per Person Rate)
- Associate/Attorneys or Corporate Members: \$175 (Per Person Rate)
LHA dues must be up to date to qualify for the above-mentioned rate.
- Non-Member Hospital: \$250 (Per Person Rate)

REGISTRATION:

Registrations are accepted online only. VISA, Master Card, Discover, and American Express are accepted. Email confirmations will be sent to registrant upon completion of registration. Program material and access information are not meant to be shared with anyone other than registered participants. This is intellectual property of the speaker and as such, is intended only for those who registered and participated in the webinar/seminar. Sharing of this information with others within your organization will result in an additional registration fee.

CANCELLATION POLICY:

Individuals who cancel **more than seven business days prior to a scheduled event** will be charged a cancellation fee of \$40 per person. Written notice of the cancellation must be emailed to marthur@lhaonline.org. No refunds will be issued for cancellations received **within seven business days of the event or for no-shows**.

SUBSTITUTION POLICY:

Registrants who are unable to participate in an LHA educational event are permitted, and encouraged, to have an eligible substitute; however, written notice of the substitution must be emailed to marthur@lhaonline.org **at least seven business days in advance of the event**. The substitution option is not available if written notification is received by the LHA less than seven business days prior to the scheduled program.

ACCOMODATIONS:

Please contact the LHA if you have a disability that may require special accommodations for this educational opportunity. The LHA is committed to ensuring full accessibility for all registrants.

LHA # M2349039